Hack & Fix Hands on ColdFusion Security Training

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About Pete

- 17+Years ColdFusion Experience
- Job: Foundeo Inc. Consulting & Products
 - CFSummit Gold Sponsor
 - HackMyCF / FuseGuard
- blog: petefreitag.com
- twitter: @pfreitag

About David

- 15+ years ColdFusion experience
- Job: AboutWeb Security Architect
 - Several Security Certs: GWAPT, CEH
 - Learn CF in a Week Security
 - OWASP Zed Attack Proxy (ZAP) Evangelist
- blog: <u>dcepler.net</u>
- twitter: @dcepler

Agenda

- About the VM
- File Upload Vulnerabilities
- SQL Injection
- Path Traversals
- Cross Site Scripting
- OWASP ZAP
- Sneak Peak ColdFusion Raijin/Blizzard

About the VM

- Ubuntu Linux (don't worry)
- ColdFusion II
- MySQL
- Username / password: cf / cf
- CFAdmin Username / password: admin / cf

VM Setup

- Open Terminal
- cd /var/www/hackabletype
- git config —global user.email "cfsummit"
- git pull
- sudo a2dismod autoindex
- sudo service apache2 restart

Guiding Principals

- Defense In Depth
- Principal of Least Privilege
- Avoid Security by Obscurity
- Validation can save your bacon
- Even the best developers write insecure code.

Hackable Type http://hackabletype.local/



hackableType is open-sourced under the GPL license. © Copyright Jason Dean & Pete Freitag 2010-2015.

File Uploads

HackableType: Try to upload and execute a CFM file.



photo (cc) flickr user armchairbuilder 2012

File Uploads Rule #1

Never trust a MIME type



Never trust a MIME

- CF9 and below use the MIME type passed by the browser / client.
 - Attacker can send any MIME type.
- CFI0+ can perform server side file inspection (when strict=true, default).
 - We can still get around this.

File Uploads Rule #2

Always Validate The File Extension

Always validate file extension

- CFI0 allows you to specify a file extension list in the accept attribute.
- You can also validate cffile.ServerFileExt
- Do both.

File Uploads Rule #3

Never upload directly to webroot



Hacker uses a load tool to make repeated concurrent requests.

The attacker will be able to execute photo.cfm before it is deleted.

Don't upload to web root

- File can be executed before it's validated.
- Upload outside root, eg GetTempDirectory ram://, s3, etc.
- Upload directly to S3: <u>http://</u> <u>www.petefreitag.com/item/833.cfm</u>

Additional Tips

- Ensure upload directory can only serve static files. Sandbox / file extension whitelist on web server.
- Consider keeping files outside webroot and serve with cfcontent or mod_xsendfile
- Specify mode on unix (eg 640 rw-r—)
- secureupload.cfc: <u>https://github.com/</u> <u>foundeo/cfml-security</u>

TweetPic from someone that did not responsibly disclose issue to site owner that has SQL Injection



```
<cfquery name="news">
   SELECT id, title, story
   FROM news
   WHERE id = #url.id#
</cfquery>
```

news.cfm?id=l;delete+from+news

- The solution use parameters (eg cfqueryparam) whenever possible.
- Validate and sanitize when you can't
 - ORDER BY column
 - SELECTTOP /0
- ORM: make sure HQL statements are parameterized

Try the lesson

Path Traversal Vulnerabilities

Path Traversal Risk

- Attacker can read any file CF has permission to read
 - Configuration files
 - System Files
 - Logs
- Remote code execution possible in some cases.

HackableType

Try the path traversal lesson

Preventing Path Traversals

- Avoid file paths derived from user input.
- Strip and validate any variables used in paths. Dots and slashes are dangerous.
- Beware of null bytes
- On windows use multiple drive letters to separate application from OS, CF, logs, etc.

Path Traversal Bonus Round

Can you use the path traversal lesson to perform remote code execution?

Path Traversal

- Possible Remote Code Execution via cfinclude
 - CFII+ added Application.cfc and ColdFusion administrator setting:



Cross Site Scripting (XSS)

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	Security researcher ALPACAHACK.COM, has submitted on 12/02/2012 a cross-site-scripting (XSS) vulnerability affecting www.adobe.com, which at the time of submission ranked 71 on the web according to Alexa. We manually validated and published a mirror of this vulnerability on 01/08/2012. It is currently fixed.							
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Click here to view the mirror





XSS Attacks Cross Site Scripting Exploits and Defense Website Fraud Loss Prevention



- XSS holes give attackers a CMS to create any content.
- Can be used to steal sessions
- Phish for passwords or other info.

XSS Types

- Reflected
- Persistant
- DOM

Reflected XSS

<cfoutput> Hello #url.name# </cfoutput>

hello.cfm?name=<script>...</script>

Reflected XSS

Try the lesson

Preventing XSS

• Strip out dangerous characters

• <> '"();#

- Escape dangerous characters
 - CFI0+ EncodeForHTML, etc.

Preventing XSS

Context	Method		
HTML	encodeForHTML(variable)		
HTML Attribute	encodeForHTMLAttribute(variable)		
JavaScript	encodeForJavaScript(variable)		
CSS	encodeForCSS(variable)		
URL	encodeForURL(variable)		

XSS in HTML

- Preventing XSS when allowing users to enter HTML is difficult.
 - AntiSamy -> isSafeHTML getSafeHTML
 - ScrubHTML

XSS Utils

• Encoders

- ESAPI: <u>http://</u> <u>www.petefreitag.com/</u> <u>item/788.cfm</u>
- OWASP Encoder: <u>http://owasp-java-</u> <u>encoder.googlecode.c</u> <u>om</u>

- Sanitizers
 - AntiSamy: <u>http://</u> <u>www.petefreitag.com/</u> <u>item/760.cfm</u>
 - ScrubHTML: <u>https://</u> <u>github.com/foundeo/</u> <u>cfml-security</u>

OWASP ZAP

- An easy to use web application penetration testing tool
- Completely free and Open Source
- OWASP flagship project
- Included in major security distributions
 - Kali, Samurai WTF, etc.

Why use ZAP?

- Ideal for beginners, developers
 - also used by professional pen testers
- Point and shoot via Quick Start Tab
- Manual penetration testing
- As a debugger
- As part of larger security program
 - Automated security regression tests

Main ZAP Features

- Intercepting Proxy
- Active and Passive Scanners
- Traditional and AJAX spiders
- Forced browsing
- Fuzzing
- Cross Platform
 - built on Java (requires 1.7+)

Intercepting Proxy





Using ZAP Hands on

Content-Security-Policy

- HTTP Response Header dictates what assets can be loaded. For example:
 - script-src 'self';
 - script-src 'self' cdn.example.com;
 - script-src 'none';
 - script-src 'unsafe-inline';

CSP Directives

- default-src
- script-src
- style-src
- img-src
- connect-src
- font-src

- object-src
- media-src
- frame-src
- sandbox
- report-uri

CSP I.0 Browser Support

Content Security Policy 1.0 - CR Global 75.94% + 9.97% = 85.91%												
Unprefixed:70.84% + 9.97% =80.81%Of script, style, and other resources.80.81%												
Current aligned Usage relative Show all												
IE	Firefox	Chrome	Safari	Opera	iOS Safari *	Opera Mini *	Android Browser*	Chrome for Android				
		31										
		36										
		37					4.1					
8		39					4.3					
9	31	40					4.4					
10	36	41	7		7.1		4.4.4					
11	37	42	8	27	8.3	8	40	42				
Edge	38	43		28								
	39	44		29								
	40	45										
Notes Know	vn issues (3) Re	sources (5) Fe	edback									

- 1. Partial support in Internet Explorer 10-11 refers to the browser only supporting the 'sandbox' directive by using the X-Content-Security-Policy header.
- Partial support in iOS Safari 5.0-5.1 refers to the browser recognizing the X-Webkit-CSP header but failing to handle complex cases correctly, often resulting in broken pages.
- 3. Chrome for iOS fails to render pages without a connect-src 'self' policy.

🚃 = Supported 📰 = Not supported 🔜 = Partial support 📰 = Support unknown

http://caniuse.com/#feat=contentsecuritypolicy

CSP 1.0 Browser Support

- Chrome 25+
- FireFox 23+
- Safari 7+
- IE Edge 12+
 - Partial Support in IEI0+ (sandbox)

CSP Level 2

Notable Enhancements

- Nonce
- Hash
- form-action directive

CSP Lesson

• Hint: <u>content-security-policy.com</u>

Want More?

- Scope Injection Lesson
- CSRF Lesson

ColdFusion Raijin/Blizzard Security Analyzer

Questions?

Thank You!

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